

What is a Child Specialist?

I am a trained mental health professional with 20 years of experience working with children and their families. I have been trained in Collaborative Law to work with attorneys and other professionals during a divorce. I meet with parents and then with children and/or teens. I am able to establish rapport and offer insights based on experience and knowledge of child development, resilience, temperament, personalities and coping styles.

“Children are the creatures of example-whatever surrounding adults do, they will do...”

Josiah Warren

Colleen is a proud member of King County Collaborative Law, the IACP, and the National Association of Social Workers.



Colleen Holbrook, LICSW, CMHS
Child Specialist
(206) 550 - 3502
www.colleenholbrook.com

I graduated from the University of Washington, Magna Cum Laude, with a Bachelor and then with a Masters degree in 1994. I am a Licensed Clinical Social Worker and a Child Mental Health Specialist. In addition to Social Work, I have extensive training in psychology and child development.

“Life is really simple. What we give out, we get back...”

Louise L. Hay

How Your Children Can Benefit From Using a Child Specialist During Your Divorce:

1. Your children are experiencing the divorce in their own way.
2. They deserve to be heard by a neutral party where conflicting parental loyalties do not exist.
3. We all grieve when we experience loss.
4. Feeling heard and validated can encourage healing.
5. Your children have unique perspectives that can be addressed in a parenting plan.
6. Parents can gain information and insight.